Academic Year 2014/2015 SCIENCES AND TECHNIQUES OF PREVENTIVE AND ADAPTED MOTOR ACTIVITIES

Course	Unit	Credits	Semester
Elements of prevented physical	Elements of prevented physical activity	7	First (Fall)
activity			
Physiology of motion control	Physiology of motion control	6	First (Fall)
Motion evaluation and tests	Motion evaluation and tests	6	Second (Spring)
Physical activity in age of	Physical activity in age of evolution	7	Second (Spring)
evolution			
Elements of preventive medicine	Elements of preventive medicine	6	First (Fall)
Elements of adapted physical	Elements of adapted physical activity	7	Second (Spring)
activity			
Elements of heart-breathing	Elements of heart-breathing adaptation	7	Second (Spring)
adaptation			
Traineeship I	Traineeship	10	
Neuropsychiatry - related	Neuropsychiatry - related disabilities	6	Second (Spring)
disabilities			
Socio-pedagogy of well-being	Pedagogy of well-being	7	Second (Spring)
	Sociology of well-being	6	Second (Spring)
Motor adaptation of elderly	Neural-bone-articulatory adaptation of elderly	6	First (Fall)
	Physical activities of elderly	6	First (Fall)
Sports for disabled	Sports for disabled	6	First (Fall)
Foreign languages		3	Second (Spring)
Traineeship II		10	
Optional courses*		8	
Final essay		6	

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List of optional courses available

Course	Unit	Credits	Semester
Toxicology of drugs		2	Second (Spring)
Sports journalism		3	Second (Spring)
Tennis		3	Second (Spring)
Posturology and kinesiology		3	Second (Spring)
Athletic preparation and weights		3	Second (Spring)
lifting			
Swim recovery		3	Second (Spring)
Football		3	Second (Spring)
Fencing		3	Second (Spring)
Pulmonary rehabilitation		3	First (Fall)